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The smartphone apps that could save your life

By **Mark Tutton**, CNN

STORY HIGHLIGHTS

Smartphone apps aimed at health professionals have the potential to be lifesavers

Epocrates is a virtual drug encyclopedia for doctors

Other applications can help people keep fit and manage their diets

London, England (CNN) -- There are a growing number of smartphone applications aimed at assisting medical professionals or improving personal health.

From AirStrip OB, which lets obstetricians remotely access real-time data about newborn babies, to Epocrates, a kind of drug encyclopedia for medics, phone apps have the potential to be lifesavers.

Then there are the apps aimed at improving people's general health, such as RunKeeper, designed to make it easier to keep fit, and Absolute Fitness, which could help you keep tabs on your diet.

We take a look at just a few of the health-related applications now showing on a smartphone near you.

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